



**INFINIT-I**  
WORKFORCE SYSTEM

CHECKLIST

**15**

# **TRUCK DRIVER SAFETY TRAINING ESSENTIALS**

## **There Are More That Should Be Taught, But These Are Must Haves**

These 15 items are a good basis for any safety training program at a transportation company. Companies who have failed to train on these topics have been held responsible for the actions of their drivers in a court of law. While this could be seen as a comprehensive list of training topics, it should not be considered a complete list. You should consult with your attorney as you develop your safety training program, to ensure you are adequately training your drivers. The ultimate goal of any safety training program should be to have the best trained and safest drivers hauling loads for your company. Always remember the golden rule in safety training:

**If it's NOT in WRITING, if it's NOT SIGNED,  
if it's NOT DATED, or If you CANNOT FIND  
IT ... IT DID NOT HAPPEN!**

- 7 Essentials of Defensive Driving
- Accident Procedures at the Scene
- Animals & Vacationers
- Basic Driving Skills
- CSA Scores and Why They Matter
- Distracted Driving & Cell Phone Use
- Home Life Off the Road (Get Enough Rest)
- Hours of Service Requirements
- Important FMCSA Regulations
- Inclement Weather
- Pre & Post Trip Inspection Requirements
- Road Rage and How to Handle It
- Sleep (Circadian) Cycles
- Speed and Its Effects
- When To Say NO To Driving

